

BUCS & SOUTH WEST POWERLIFTING CHAMPIONSHIPS
OAKMEAD COLLEGE OF TECHNOLOGY,BOURNEMOUTH 21/11/09

Place	M/W	Lot	Class	BWT	Name / BY	DIVISION	SQUAT			SQ	BENCH PRESS			BP	Sub.	DEADLIFT			DL	Total	Wilks pts	Place	
							1.	2.	3.	result	1.	2.	3.	result	Tot.	1.	2.	3.	result				
WOMEN																							
1	W	1	56	55.80	ROSIMERY LIMA	SW	85.0	92.5	97.5	97.5	45.0	47.5	50:0	47.5	145.0	127.5	135.0	140.0	140.0	285.0	336.27	1.	
	W	2	56		OLIVIA TOSUNLAR	SW																	
1	W	3	67.5	61.60	LOUISE WATTON	SW	135.0	145.0	153.0	153.0	80.0	82.5	PASS	80.0	233.0	150.0	160.0	167.5	167.5	400.5	437.55	1.	
1	W	5	60	57.50	KRISHNAA MAHBUBANI	EM	70.0	80:0	80:0	70.0	40.0	42.5	50:0	42.5	112.5	90.0	100.0	110.0	110.0	222.5	256.43	1.	
	W	4	60		HEATHER ANNE SCULLION	NM																	
2	W	6	67.5	66.65	TIFFANY CROKER	EM	110.0	115.0	117.5	115.0	65.0	70.0	72.5	70.0	185.0	110.0	120.0	125.0	125.0	310.0	319.30	2.	
	W	7	67.5	66.20	MARIAN GIBSON	SW	PASS	PASS	PASS	-----	90.0	95.0	100.0	100.0	Disq	PASS	PASS	PASS	-----	Disq			
	W	8	75	72.80	LISA HICKS	SW	75.0	80.0	85:0	80.0	45.0	50:0	50:0	45.0	125.0	PASS	PASS	PASS	-----	Disq			
1	W	10	82.5	81.65	MONICA PORTER	SM	200.0	207.5	Pass	200.0	120.0	125.0	130.0	130.0	330.0	205.0	PASS	PASS	PASS	205.0	535.0	484.12	1.
	W	9	82.5		CHARLOTTE SHOUTON GALE	SW																	
	W	11	82.5	85.50	JENNIFER NICHOLL	SW	PASS	PASS	PASS	-----	75.0	77.5	80:5	75.0	Disq	PASS	PASS	PASS	-----	Disq			
MEN																							
1	M	2	52	49.35	JAMIE HOUGH	SM	95:0	100.0	110.0	110.0	50.0	52.5	52.5	52.5	162.5	115.0	125.0	130.0	130.0	292.5	303.58	1.	
2	M	1	52	43.15	SAM PILE	SE	70.0	80.0	82.5	82.5	40.0	45.0	47:5	45.0	127.5	95.0	105.0	107.5	107.5	235.0	285.07	2.	
1	M	4	60	60.00	STEVEN TYERS	SW	127.5	135.5	137.5	137.5	95.5	100.0	102.5	102.5	240.0	200.0	220.5	230:0	220.5	460.5	392.75	1.	
7	M	3	67.5	65.60	JAMIE CALLENDER	SW	70.0	75.0	82.5	82.5	62.5	65.0	67.5	67.5	150.0	130.0	140.0	152:5	140.0	290.0	228.85	7.	
1	M	10	67.5	67.50	PHIL RICHARDS	WPU	260.0	280.0	300.0	300.0	187.0	195:0	195.0	195.0	495.0	225.0	237.5	247:5	237.5	732.5	564.77	1.	
2	M	6	67.5	66.90	ALISTER CANNINGS	SW	200.0	215.0	220:0	215.0	117.5	125.0	130:0	125.0	340.0	200.0	212:5	212:5	200.0	540.0	419.35	2.	
3	M	8	67.5	67.30	ALEX VIVIAN	SW	147.5	155.0	157:5	155.0	100.0	105.5	107.5	107.5	262.5	192.5	200.0	205.0	205.0	467.5	361.31	3.	
4	M	7	67.5	64.25	KARL SEDDON	SW	140.0	150.0	160.0	160.0	95.0	100.0	106:0	100.0	260.0	180.0	190.0	202:5	202.5	462.5	371.39	4.	
5	M	5	67.5	63.50	ANDREW DIXON	SE	120.0	130.0	135.0	135.0	65.0	72.5	77.0	77.0	212.0	150.0	167.5	175.0	175.0	387.0	313.89	5.	
6	M	9	67.5	68.00	PAUL HUDSON	SW	105:0	105.0	110.0	110.0	70.0	72:5	72:5	70.0	180.0	140.0	150.0	160.0	160.0	340.0	260.61	6.	
1	M	18	75	74.25	JUSTIN MARTIN	SW	190.0	200.0	210:0	200.0	120.0	130.0	140:0	130.0	330.0	190:0	190.0	195:0	190.0	520.0	373.15	1.	
2	M	17	75	72.60	CHRISTOPHER SIMMONS	SE	155.0	170.0	175:0	170.0	117.5	125.0	130:0	125.0	295.0	200.0	220.0	220.0	220.0	515.0	375.57	2.	
3	M	13	75	74.70	ADAM ELKINS	SW	150.0	157.5	165.0	165.0	100.0	105.0	112.5	112.5	277.5	200.0	210.0	222:5	210.0	487.5	348.35	3.	
4	M	14	75	73.70	KEVIN YEUNG	SW	145.0	155.0	163:0	155.0	87.5	92.5	95:0	92.5	247.5	180.0	192.5	197:5	192.5	440.0	317.41	4.	
5	M	16	75	75.20	MARTIN KENDALL	SM	125.0	132.5	140.0	140.0	95:0	102.5	105:0	102.5	242.5	170.0	185.0	195.0	195.0	437.5	311.17	5.	
6	M	11	75	70.10	BEN CRAIG	SW	50.0	60.0	70.0	70.0	60.0	70.0	80:0	70.0	140.0	130.0	140.0	160:0	140.0	280.0	209.60	6.	
1	M	1	82.5	82.10	ROB PALMER	GL	290.0	305.0	315:0	305.0	225.0	230:0	230:0	225.0	530.0	270.0	285.0	295:0	285.0	815.0	547.57	1.	
2	M	3	82.5	82.20	MAXWELL HERD	GL	222:5	222:5	222.5	222.5	145.0	152.5	155:0	152.5	375.0	200.0	215.0	225.0	225.0	600.0	402.82	2.	
3	M	7	82.5	75.45	SCOTT McLAUGHLAN	SM	157.5	167:5	167:5	157.5	122.5	127.5	132:5	127.5	285.0	200.0	212.5	217.5	217.5	502.5	356.58	3.	
4	M	8	82.5	81.10	JULIAN FERNANDEZ	SW	130.0	145.0	160.0	160.0	85.0	90.0	95:0	90.0	250.0	215.0	230:0	PASS	215.0	465.0	314.76	4.	
6	M	4	82.5	80.70	RICHARD GRAY	SW	160:0	160:0	160.0	160.0	105.0	110.0	115.0	115.0	275.0	160.0	170.0	180.0	180.0	455.0	308.94	6.	
7	M	10	82.5	81.50	DANIEL SAUNDERS	NM	115.0	122.5	130:0	122.5	85.0	92.5	100:0	92.5	215.0	170.0	192:5	192:5	170.0	385.0	259.82	7.	
8	M	6	82.5	80.20	JOHN GALLACHER	SW	100.0	110.0	120.0	120.0	60.0	70.0	80.0	80.0	200.0	160:0	170.0	180.0	180.0	380.0	259.02	8.	
	M	9	82.5	77.30	ALEX BAKER	SW	PASS	PASS	PASS	-----	125.0	132:5	132:5	132.5	Disq	PASS	PASS	PASS	-----	Disq			
5	M	11	82.5	78.50	ARASH YAVARI	SE	145.0	150.0	157.5	157.5	87.5	92.5	97:5	92.5	250.0	190.0	205.0	212.5	212.5	462.5	319.60	5.	
1	M	7	90	89.65	THOMAS GEE	YNE	270.0	280.0	285:0	280.0	180:0	180.0	190:0	180.0	460.0	250.0	265.0	270:0	265.0	725.0	463.76	1.	
2	M	8	90	89.35	IAIN KENDRICK	SM	250.0	260.0	270.0	270.0	170.0	175.0	180.0	180.0	450.0	240.0	250:0	pass	240.0	690.0	442.13	2.	
3	M	12	90	89.55	NICK REES	SW	230.0	240:0	240.0	240.0	160.0	165:0	165:0	160.0	400.0	260.0	275.0	285:0	275.0	675.0	432.02	3.	
4	M	3	90	87.40	DAVID MORGAN-OWEN	SW	160:0	165.0	170.0	170.0	130.0	140.0	145:0	140.0	310.0	220.0	240.0	245.0	245.0	555.0	359.79	4.	
5	M	4	90	88.60	AIDEN DONNELLY	SCOT	180.0	200.0	210:0	200.0	120.0	130:0	130:0	130.0	330.0	180.0	200.0	210.0	210.0	540.0	347.54	5.	
6	M	6	90	85.55	ROBERT PEARCE	WM	155.0	165.0	175.0	175.0	92.5	97.5	102.5	102.5	277.5	225.0	235.0	242:5	235.0	512.5	336.17	6.	
7	M	10	90	87.40	DANIEL MALLINSON	YNE	135.0	150.0	160.0	160.0	90.0	97.5	105:0	97.5	257.5	150.0	165.0	180.0	180.0	437.5	283.62	7.	
8	M	5	90	87.05	JONATHON RICHARDS	WPU	110.0	120.0	130.0	130.0	80.0	90.0	95.0	95.0	225.0	140.0	150.0	160.0	160.0	385.0	250.13	8.	

BUCS & SOUTH WEST POWERLIFTING CHAMPIONSHIPS
OAKMEAD COLLEGE OF TECHNOLOGY,BOURNEMOUTH 21/11/09

Place	M/W	Lot	Class	BWT	Name / BY	DIVISION	SQUAT			SO	BENCH PRESS			BP	Sub.	DEADLIFT			DL	Total	Wilks pts	Place												
							1.	2.	3.	result	1.	2.	3.	result	Tot.	1.	2.	3.	result															
1	M	18	100	100.00	MARK GREGORY	NM	310.0	325.0	341.0	341.0	220.0	230.0	240.0	230.0	571.0	250.0	272.5	307.5	272.5	843.5	513.34	1.												
2	M	14	100	95.80	JOHN HAMSON	NM	270.0	280.0	280.0	280.0	170.0	190.0	190.0	190.0	470.0	245.0	255.0	260.0	255.0	725.0	449.28	2.												
3	M	19	100	96.20	ROBBIE REES	SW	195.0	210.0	215.0	215.0	135.0	142.5	150.0	150.0	365.0	230.0	245.0	260.0	245.0	610.0	377.32	3.												
4	M	17	100	96.65	JACK GREENHALF	SE	180.0	190.0	195.0	190.0	122.5	130.0	135.0	130.0	320.0	240.0	250.0	257.5	257.5	577.5	356.49	4.												
5	M	22	100	100.00	OWEN JEFFERIES	WPU	180.0	190.0	195.0	195.0	115.0	125.0	135.0	125.0	320.0	210.0	225.0	232.5	232.5	552.5	336.25	5.												
6	M	13	100	95.10	CRAIG HARRIS	SW	170.0	180.0	190.0	180.0	110.0	117.5	117.5	110.0	290.0	250.0	270.0	270.0	250.0	540.0	335.74	6.												
7	M	20	100	98.70	GARETH ELLIS	SM	155.0	165.0	180.0	180.0	97.5	100.0	107.5	107.5	287.5	175.0	205.0	205.0	205.0	492.5	301.33	7.												
8	M	26	100	90.85	NICHOLAS RAKOWSKI	SM	130.0	140.0	150.0	140.0	120.0	130.0	140.0	130.0	270.0	160.0	180.0	200.0	180.0	450.0	285.92	9.												
9	M	15	100	93.70	PATRICK CARDEN	SM	130.0	140.0	150.0	140.0	117.5	127.5	132.5	127.5	267.5	170.0	185.0	192.5	185.0	452.5	283.26	8.												
10	M	16	100	92.65	MATTHEW SITCH	SM	130.0	140.0	150.0	150.0	100.0	105.0	110.0	110.0	260.0	170.0	185.0	185.0	185.0	445.0	280.05	10.												
11	M	27	100	96.90	IAN MUIR	SM	120.0	135.0	145.0	145.0	90.0	100.0	105.0	105.0	250.0	160.0	175.0	185.0	185.0	435.0	268.22	12.												
12	M	23	100	97.40	STEPHEN FRENCH	NW	110.0	120.0	130.0	130.0	100.0	110.0	120.0	110.0	240.0	160.0	190.0	200.0	200.0	440.0	270.71	11.												
	M	25	100	90.90	RANJ SINGH	EM	PASS	PASS	PASS	-----	165.0	165.0	170.0	165.0	Disq	PASS				Disq														
	M	28	100	90.70	PHIL WATKINS	NM	PASS	PASS	PASS	-----	PASS	PASS	PASS	-----	Disq	290.0				Disq														
1	M	4	110	109.60	GUY DJEDJE	GL	280.0	305.0	305.0	305.0	220.0	240.0	240.0	220.0	525.0	280.0	300.0	310.0	300.0	825.0	486.05	1.												
2	M	7	110	110.00	CHRIS BAKER	YNE	200.0	210.0	220.0	210.0	110.0	145.0	150.0	110.0	320.0	220.0	240.0	250.0	250.0	570.0	335.44	2.												
3	M	1	110	109.40	GABOR ARANYI	YNE	140.0	150.0	160.0	160.0	125.0	135.0	140.0	140.0	300.0	170.0	180.0	190.0	190.0	490.0	288.85	3.												
	M	6	110	110.00	PINDA SINGH	EM	PASS	PASS	PASS	-----	270.0	270.0	270.0	-----	Disq	PASS	PASS	PASS	-----	Disq														
1	M	15	125	120.40	PHILOSTRATOS KLIDARAS	SE	205.0	215.0	230.0	215.0	137.5	142.5	PASS	137.5	352.5	225.0	235.0	PASS	225.0	577.5	331.76	1.												
2	M	16	125	117.50	JAKE YORKE	SM	117.5	127.5	140.0	140.0	80.0	87.5	92.5	92.5	323.5	162.5	172.5	182.5	182.5	415.0	239.80	2.												
	M	13	125	124.50	MATTHEW THOMAS PEARCE	WPU	225.0	245.0	250.0	250.0	157.5	165.0	165.0	-----	Disq	250.0	272.5	272.5	250.0	Disq														
	M	14	125	120.50	PETER EDWARDS	WPU	PASS	PASS	PASS	-----	190.0	200.0	200.0	-----	Disq	PASS	PASS	PASS	-----	Disq														
	M	22	125	110.40	JOSEPH WALTON	EM	295.0	295.0	310.0	295.0	172.5	172.5	172.5	-----	Disq	245.0	257.5	257.5	245.0	Disq														
1	M	19	125+	136.80	MICHAEL JONES	WPU	220.0	240.0	250.0	250.0	155.0	170.0	175.0	175.0	425.0	260.0	280.0	290.0	290.0	715.0	400.96	1.												
2	M	20	125+	129.60	LUKE ANDREWS	SW	225.0	240.0	240.0	225.0	150.0	160.0	165.0	160.0	385.0	265.0	272.5	272.5	265.0	650.0	367.84	2.												
	M	18	125+	134.50	RYAN CULLEN	WPU	PASS	PASS	PASS	-----	170.0	180.0	185.0	185.0	Disq	PASS	PASS	PASS	-----	Disq														
					LATE AFTERNOON SESSIONS																													
					GROUP I																													
1	M	7	75	72.90	JOSEPH COOGAN	SW	130.0	140.0	145.0	145.0	95.0	102.5	105.0	105.0	250.0	180.0	200.0	202.5	202.5	452.5	329.00	1.												
2	M	4	75	74.25	DANIEL HOPKINSON	SW	130.0	140.0	145.0	145.0	95.0	97.5	100.0	100.0	245.0	160.0	170.0	175.0	175.0	420.0	301.39	2.												
3	M	3	75	72.60	IAN BROUGHTON	NM	90.0	100.0	107.5	107.5	75.0	82.5	85.0	82.5	190.0	140.0	157.5	160.0	157.5	347.5	253.42	3.												
4	M	2	75	71.90	GLYNNE THOMAS	NM	90.0	100.0	107.5	107.5	65.0	72.5	77.5	72.5	180.0	140.0	157.5	165.0	165.0	345.0	253.39	4.												
5	M	5	75	76.70	MALCOLM FRENCH	NW	80.0	90.0	100.0	100.0	80.0	90.0	95.0	95.0	195.0	100.0	120.0	135.0	135.0	330.0	231.56	5.												
					GROUP II																													
1	M	13	82.5	81.40	JAMES LEAVER	SW	140.0	150.0	155.0	150.0	135.0	140.0	pass	135.0	285.0	200.0	210.0	215.0	215.0	500.0	337.69	1.												
2	M	12	82.5	77.80	HENRY CLARK	SM	130.0	135.0	140.0	135.0	40.0	50.0	pass	50.0	185.0	140.0	150.0	160.0	150.0	335.0	232.85	2.												
	M	16	82.5	81.50	JAMES HANHAM	SW	160.0	170.0	170.0	-----	90.0	110.0	115.0	115.0	Disq	180.0	190.0	200.0	190.0	Disq														
3	M	15	90	92.55	PHIL CLARK	SW	140.0	150.0	155.0	155.0	100.0	110.0	112.5	110.0	265.0	200.0	210.0	220.0	220.0	485.0	305.38	3.												
4	M	14	90	87.40	SVEN KNIPPHALS	SW	155.0	162.5	167.5	167.5	105.0	110.0	115.0	110.0	277.5	180.0	190.0	195.0	195.0	472.5	306.31	4.												
1	M	18	90	80.90	RUSSELL JOLLEY	SW	165.0	175.0	180.0	180.0	105.0	110.0	110.0	105.0	285.0	220.0	230.0	230.0	220.0	505.0	342.36	1.												
5	M	17	90	86.40	MATTHEW INCHLEY	NM	110.0	120.0	130.0	130.0	85.0	92.5	100.0	92.5	222.5	185.0	205.0	220.0	205.0	427.5	278.88	5.												
2	M	27	90	87.45	CHRIS FITZGERALD		140.0	150.0	162.5	162.5	115.0	125.0	132.5	125.0	287.5	180.0	200.0	210.0	210.0	497.5	322.42	2.												
	M	19	90		JOHN GAFFNEY	SW					130.0	142.5	142.5	142.5																				
	M	21	100	95.45	JAMES BELL	NM	PASS	PASS	PASS	-----	pass	pass	pass	-----	Disq	220.0	235.0	250.0	250.0	Disq														
	M	20	110	100.00	KEIRON CLARKE	SW	PASS	PASS	PASS	-----	130.0	140.0	145.0	130.0	Disq	pass	pass	pass	-----	Disq														
	M	22	110	103.50	BOB BAXTER	SM					135.0	142.5	147.5	142.5	142.5	pass	pass	pass	-----	Disq														
1	M	26	110	104.80	JAMES COLLINS		90.0	90.0	100.0	100.0	75.0	82.5	87.5	87.5	187.5	130.0	145.0	152.5	152.5	340.0	203.30	1.												
	M	25	125	156.10	GRAHAM MELLOR	NM	PASS	PASS	PASS	-----	90.0	95.0	100.0	90.0	Disq	140.0	160.0	170.0	170.0	Disq														